

“Master Hands On” Chi Kung Student Workshop

**“Master Hands On” with Grand Master Dennis Kelly,
5 Time World Martial Arts Champion, Certified Sport Nutritionist,
Fitness Trainer & HeartMath Certified Peak Performance Coach**

Sunday, Nov. 1, 2015

**Location: New Beginning Oneness Center,
210 S. Pinellas Ave., Tarpon Springs, FL 34689
2:00 p.m. – 4:00 p.m.**

**Instructor: Grand Master Dennis Kelly,
Owner, Defy Aging, Inc., Tai Chi USA© Institute, Master LIFE Institute©**

Learn how to harness the "Chi Life Force" through the ancient art of Chi Kung (Qi Gong) the grandfather to Tai Chi. An ancient Chinese healing art, that can be used in meditation, with special controlled breathing and movement exercises designed to improve physical and mental well-being and prevent disease.

It is a major benefit to stress management and the healing power of chi (qi) " life force energy " of the human body. Learn the 5 types of Chi energy and how to utilize them in your daily living.

Learn the art of "Master Shifting" increase and amplify your EQ awareness.

INTENSIVE

INDEPTH

TRANSFORMATIONAL

Price: \$25.00 earlybird \$30.00 at the door

**Local Contact: Barbara Marville-Kelly,
Dennis Kelly
at 727-945-9223, Cell/Text: 727-798-8081**

To Pre-register: go to www.dennis-kelly.com

